

Create Your Life

How to Get What You Want

By Brad Jensen

Including the complete text of

It Works

By RJH

"It's a friendly universe."

I have made millions of dollars using the ideas I first read in 'It Works' over 25 years ago. That's why I have created this new edition for you, with my own observations and suggestions on how to use the technique presented. I have included the book 'It Works' by RHJ (long out of copyright) and then my afterword 'Create Your Life' for some ideas on how to put 'It Works'- to work for you. - Brad Jensen

The use of the word 'Toyota' does not imply any connection to or endorsement by any existing company or enterprise with a similar-sounding name. But they are great cars!

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Create Your Life How to Get What You Want

-notes from the original publication of It Works-

**A concise, definite, and resultful plan with
rules, explanations and suggestions for
bettering your condition in life.**

**If you KNOW what you WANT you can HAVE
IT.**

The man who wrote 'It Works' (RHJ) originally signed it with his initials, perhaps so that people would be more likely to encounter the books itself with no preconceptions. This powerful book has changed millions of lives – and it can change yours too.

It Works

By RHJ

What is the Real Secret of Obtaining Desirable Possessions?

Are some people born under a lucky star or other charm which enables them to have all that which seems so desirable, and if not, what is the cause of the difference in conditions under which men live?

Many years ago, feeling that there must be a logical answer to this question, I decided to find out, if possible, what it was. I found the answer to my own satisfaction, and for years, have given the information to others who have used it successfully.

From a scientific, psychological or theological viewpoint, some of the following statements may be interpreted as incorrect, but nevertheless, the plan has brought the results desired to those who have followed the simple instructions, and it is my sincere belief that I am now presenting it in a way which will bring happiness and possessions to many more,

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"If wishes were horses, beggars would ride," is the attitude taken by the average man and woman in regard to possessions. They are not aware of a power so near that it is overlooked; so simple in operation that it is difficult to conceive; and so sure in results that it is not made use of consciously, or recognized as *the cause of failure or success*.

Gee, I wish that were mine," is the outburst of Jimmy, the office boy, as a new red roadster goes by; and Florence, the telephone operator, expresses the same thought regarding a ring in the jeweler's window; while poor old Jones, the bookkeeper, during the Sunday stroll, replies to his wife, "Yes, dear, it would be nice to have a home like that, but it is out of the question. We will have to continue to rent." Landem, the salesman, protests that he does all the work, gets the short end of the money and will some day quit his job and find a real one, and President Bondum, in his private sanctorum, voices a bitter tirade against the annual attack of hay-fever.

At home it is much the same. Last evening, father declared that daughter Mabel was headed straight for disaster, and today, mother's allowance

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problem and other trying affairs fade into insignificance as she exclaims "This is the last straw. Robert's schoolteacher wants to see me this afternoon. His reports are terrible, I know, but I'm late for Bridge now. She'll have to wait until tomorrow." So goes the endless stream of expressions like these from millions of people in all classes who give no thought to what they really want, and *who are getting all they are entitled to or expect.*

If you are one of these millions of thoughtless talkers or wishers and would like a decided change from your present condition, you can have it; but first of all you must know what you want and this is no easy task. When you can train your objective mind (the mind you use every day) to decide definitely upon the things or conditions you desire, you will have taken your first big step in accomplishing or securing what you know you want.

To get what you want is no more mysterious or uncertain than the radio waves all around you. Tune in correctly and you get a perfect result, but to do this, it is, of course, necessary to know something of your equipment and have a plan of

operation.

You have within you a mighty power, anxious and willing to serve you, a power capable of giving you that which you earnestly desire. This power is described by Thomson Jay Hudson, Ph.D., LL.D., author of "The Law of Psychic Phenomena," as your subjective mind. Other learned writers use different names and terms, but all agree that it is omnipotent. Therefore, I call this Power "Emmanuel" (God in us).

Regardless of the name of this Great Power, or the conscious admission of a God, the Power is capable and willing to carry to a complete and perfect conclusion every earnest desire of your objective mind, but you must be really in earnest about what you want.

Occasional wishing or half-hearted wanting does not form a perfect connection or communication with *your omnipotent power*. You must be in earnest, *sincerely and truthfully* desiring certain conditions or things -- mental, physical or spiritual.

Your objective mind and will are so vacillating that you usually only WISH for things and the wonderful, capable power within you does not

function.

Most wishes are simply vocal expressions. Jimmy, the office boy, gave no thought of possessing the red roadster. Landem, the salesman, was not thinking of any other job or even thinking at all. President Bondum knew he had hay fever and was expecting it. Father's business was quite likely successful, and mother no doubt brought home first prize from the Bridge party that day, but they had no fixed idea of what they really wanted their children to accomplish and were actually helping to bring about the unhappy conditions which existed.

If you are in earnest about changing your present condition, here is a *concise, definite, resultful plan, with rules, explanations and suggestions.*

The Plan

Write down on paper in order of their importance the things and conditions you really want. Do not be afraid of wanting too much. Go the limit in writing down your wants. Change the list daily, adding to or taking from it, until you have it about right. Do not be discouraged on account of changes, as this is natural. There will always be changes and additions with accomplishments and increasing desires.

Three Positive Rules Of Accomplishment

- 1. Read the list of what you want three times each day: morning, noon and night.*
- 2. Think of what you want as often as possible.*
- 3. Do not talk to any one about your plan except to the Great Power within you which will unfold to your Objective Mind the method of accomplishment.*

It is obvious that you cannot acquire faith at the

start. Some of your desires, from all practical reasoning, may seem positively unattainable, but, nevertheless, write them down on your list in their proper place of importance to you.

There is no need to analyze how this Power within you is going to accomplish your desires. Such a procedure is as unnecessary as trying to figure out why a grain of corn placed in fertile soil shoots up a green stalk, blossoms and produces an ear of corn containing hundreds of grains, each capable of doing what the one grain did. If you will follow this definite plan and carry out the three simple rules, the method of accomplishment will unfold quite as mysteriously as the ear of corn appears on the stalk, and in most cases much sooner than you expect.

When new desires, deserving position at or about the top of your list, come to you, then you may rest assured you are progressing correctly.

Removing from your list items which at first you thought you wanted, *is another sure indication of progress.*

It is natural to be skeptical and have doubts, distrust and questionings, but when these thoughts

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arise, get out your list. Read it over; or if you have it memorized, talk to your inner self about your desires until the doubts that interfere with your progress are gone. *Remember, nothing can prevent your having that which you earnestly desire.* Others have these things. Why not you?

The Omnipotent Power within you does not enter into any controversial argument. *It is waiting and willing to serve when you are ready,* but your objective mind is so susceptible to suggestion that it is almost impossible to make any satisfactory progress when surrounded by skeptics. Therefore, choose your friends carefully and associate with people who now have some of the things you really want, but *do not discuss your method of accomplishment with them.*

Put down on your list of wants such material things as money, home, automobile, or whatever it may be, but do not stop there. Be more definite. If you want an automobile, decide *what kind, style, price, color,* and all the other details, including *when* you want it. If you want a home, plan the structure, grounds and furnishings.

Decide on location and cost. If you want money, write down the amount. If you want to break a

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record in your business, put it down. It may be a sales record. If so, write out the total, the date required, then the number of items you must sell to make it, also list your prospects and put after each name the sum expected. This may seem very foolish at first, but you can never realize your desires if you do not *know positively and in detail what you want and when you want it*. If you cannot decide this, you are not in earnest. You must be definite, and when you are, results will be surprising and almost unbelievable.

A natural and ancient enemy will no doubt appear when you get your first taste of accomplishment. This enemy is Discredit, in form of such thoughts as: "It can't be possible; it just happened to be. What a remarkable coincidence!"

When such thoughts occur *give thanks and assert credit to your Omnipotent Power* for the accomplishment. By doing this, you gain assurance and more accomplishment, and in time, prove to yourself that *there is a law, which actually works - at all times* - when you are in tune with it.

Sincere and earnest thanks cannot be given without gratitude and it is impossible to be thankful and grateful without being happy. Therefore, when you

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are thanking your greatest and best friend, *your Omnipotent Power*, for the gifts received, do so *with all your soul, and let it be reflected in your face*. The Power and what it does is beyond understanding. Do not try to understand it, but accept the accomplishment with thankfulness, happiness, and strengthened faith.

Caution

It is possible to want and obtain that which will make you miserable; that which will wreck the happiness of others; that which will cause sickness and death; that which will rob you of eternal life. You can have what you want, but you must take all that goes with it: so in planning your wants, plan that which you are sure will give to you and your fellow man the greatest good here on earth; thus paving the way to that future hope beyond the pale of human understanding.

This method of securing what you want applies to everything you are capable of desiring and the scope being so great, it is suggested that your first list consist of only those things with which you are quite familiar, such as an amount of money or accomplishment, or the possession of material things. Such desires as these are more easily and

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quickly obtained than the discontinuance of fixed habits, the welfare of others, and the healing of mental or bodily ills.

Accomplish the lesser things first. Then take the next step, and when that is accomplished, you will seek the higher and really important objectives in life, but long before you reach this stage of your progress, many worthwhile desires will find their place on your list. One will be to help others as you have been helped. *Great is the reward to those who help and give without thought of self as it is impossible to be unselfish without gain.*

In Conclusion

A short while ago, Dr. Emil Coué came to this country and showed thousands of people how to help themselves. Thousands of others scoffed at the idea, refused his assistance and are today where they were before his visit.

So with the statements and plan presented to you now. You can reject or accept. You can remain as you are or *have anything you want*. The choice is yours, but God grant that you may find in this short volume the inspiration to choose aright, follow the plan and thereby obtain, as so many others have, all things, whatever they may be, that you desire.

Read the entire book over again, and again, **AND THEN AGAIN.**

Memorize the three simple rules on pages thirteen and fourteen. Test them now on what you want most this minute.

This book could have extended easily over 350 pages, but it has been deliberately shortened to

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make it as easy as possible for you to read, understand and use. Will you try it? Thousands of bettered lives will testify to the fact that ***It Works***.

How Others Are Attaining Personal Independence

Salesman Quadruples Pay

A Salesman, F.P.D., of Houston, Texas, writes: Working your plan has done this for me. My pay check in February was \$73.03, in March, \$273.84, in April \$480.86, and I'll double this in time." (Editors Note - this was a lot of money in 1923, when this was written.)

Sold More Insurance

"I left 'It Works' with an agent, and he promised to follow the rules, with the result that he wrote sixteen applications for insurance in one week." - C.O.A.,

Minneapolis, Minn. Performed Miracles

"The Little Red Book certainly has performed miracles for me. It is so clear and so easily understood that a child can grasp it. A million good wishes to you. -M.L.H., Oakland, Calif.

Twenty Persons Read this Copy

"Your little book, 'It Works', has been read by no

less than twenty people. I often read it aloud to members of my staff or visitors who call. Even my doctor is favorable to it."-Chas S., Los Angeles, Calif.

A Copy for Each Employee

"Just a line of appreciation for the many good things that I have had from your little book 'It Works.' I have ordered one for every employee." - R.G.L., Peoria, Ill.

His Pastor Quotes From It

"It works for me and for others to whom I send it. The pastor of my church often quotes 'It Works' in his sermons. He, too, is sold on it."-E.A.O., Louisville, Ky.

Read What Others Say About The Famous Little Red Book 'IT WORKS'

"I have just read 'It Works'. You have made a very interesting presentation . . . very stimulating. . . I congratulate you."-Walter Dill Scott, President, Northwestern University.

"I quite agree with you, it does work. God has made us masters of our destiny if we will but

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widen our understanding." -James L. Houghteling, Chicago.

"It would be a great thing if some philanthropist would, in one grand action, present a copy of 'It Works' to every man and woman able to appreciate its simple and inspiring philosophy."-Tim Thrift, Advertising Executive.

"The law has worked for me. Some wonderful things have come." -Evan Johnson, Publ. Office Appliances.

"I have been thoroughly helped. This one book would well be any man's rule of life."-O. Eacksteder, Jr.

"I owe the man who wrote 'It Works' a debt I can never repay." -May L. Harlow.

"I always recommend 'It Works' and place a copy in the hands of those seeking greater understanding."-Caroline Wellborn, Dew, N.Y.

A Letter to You From the Author of 'It Works'

Dear Reader:

The great possessions of life are all **GIFTS** mysteriously bestowed: sight, hearing, aspiration, love or life itself.

The same is true of ideas-the richest of them are given to us, as for instance, the powerful idea which this book has given you. What are you going to do with it? Are you surprised when I tell you the most profitable thing you can do is to give it away?

You can do this in an easy and practical way by having this book sent to those you know who **NEED IT**. In this way, you can help in the distribution of this worthwhile effort to make the lives of others better and happier.

You know people who are standing still or who are worried or discouraged. This is your chance to **HELP THEM HELP THEMSELVES**. If you withhold this book from them you will lose the conscious satisfaction that comes from doing good. If you see that this get this book, then you put

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yourself in the line of the Law of Life, which says "You get by giving," and you may rightly expect prosperity and achievement.

At the very least, you will have the inner sense of having done a good deed with no hope of being openly thanked and your reward will come secretly in added power and large life.

THE AUTHOR - RHJ

Create Your Life

by Brad Jensen

How to put 'It Works' to work for YOU!

The powerful idea presented so simply and well in 'It Works' will change your life. I know this because it has changed mine. The fantastic results that I have created using this idea have motivated me to investigate these principles for 25 years.

I want you to be rich with things that make you happy. I'm going to give you ideas and images you can use to help you be more successful with the list technique presented in 'It Works'.

What I have Done With 'It Works'

My annual income is now 35 times greater than it was the day I first read this little book. I have gained houses, cars, boats, businesses, friends, a family, and numerous creative and prospering ideas using the principles set forth in this book.

In the last 25 years I have spent thousands of hours teaching these ideas to other people. I've seen many people use the ideas in this book to create

something new in their life, and I have seen others who are not so successful with it. I want you to be one of the successful ones.

How to Succeed with your List

First, let's take a little test. Take a sheet of paper (or your word processor) and **without looking at the book** write down the 'Three Positive Rules of Accomplishment' that are the key to this technique.

Then go back and compare them to the text. How did you do?

Did you miss a few? I did when I first tried this test myself.

If you read this book and it never goes farther than words and ideas in your mind, then you have lost the advantage of it.

The key to success with this method it to DO IT, not just think about it. Don't think that by reading it, even many times, that you will know it. That would be like thinking that you know how to ride a bicycle just by reading about it. In order to master the bicycle, you have to get on it and ride, learning to keep your balance as you move forward. That is exactly the way you learn the

principles of conscious creation taught by 'It Works'.

When I first started using the technique in this book, I wrote my first list, and **started getting great results**. Then after a month or so, I stopped writing and reviewing the list, and tried to 'do it in my head'. I didn't get the same results.

I went back to using the list, and the great results started happening again. Then I got what I wanted and let things slide, and the cycle repeated.

Meanwhile I started studying the ideas and teaching them to others. In the process I learned some interesting things I am sharing with you.

What I learned is that each of us has a spark from the Creator which is our own personal creator, like a genie from a magic lamp. The problem with this genie is that he responds to every thought in my mind as if it were a command. If I think of something with desire, he starts creating that for me. If I start to worry or fear, he starts to erase that creation.

Wherever I put my attention, the genie starts multiplying that attention into a real experience in my life. All of this creation takes place in a part of

my mind called the subconscious mind. The subconscious mind is the part of my mind that holds the tremendous creative power that I can learn to tap into and use. Whoever it has a special way of working that I must understand if I want to use my subconscious mind power effectively.

If my attention wanders all over the place, my subconscious becomes full of half-created thought-forms and my life is chaotic or boring. That's because the genie is busy trying to do a million different things at once, many of which contradict each other. His efforts always follow in the track of my attention, and until I get my attention going in a constant direction, I don't get the results I would like.

The plan given in 'It Works' helps me to control my attention, and put that genie to work with enough time and focus to produce real and complete results. It will work the same way for you.

My conscious mind sets the agenda, but I often get distracted by the half-formed and malformed effects of previous wishes and desires. Many of those desires are unconscious, created with incomplete understanding or fear or

worry. The genie does what I tell him, but he listens to my daydreams and worries and treats them as commands.

This creative power responds to what I believe. I have come to realize that what I believe is not necessarily the same as what I think. **It's easy to know what I believe - it is what I act on.** It is what I do. Even while I am unable to admit to myself what I really believe, my subconscious mind is working to make circumstances, opportunities, and events in my life to experience those beliefs.

How do I change what I believe, so that I can get what I want? There is a simple way to do this. It has been discovered and rediscovered by teachers and writers throughout the ages.

Here it is:

I can imagine what I want, I can pretend that it is so, and I can repeat this over and over.

The creative genie of my subconscious mind responds to imagination, focused attention, and repetition. That's what the book 'It Works' is all about.

How to Get Faster and Better Results

Here are things that will help you create more successfully when you use the technique presented in 'It Works'. These are things that I have discovered in the last 25 years of using 'It Works.' Each of these is a suggestion based on actual experiences with using the list. Use the ideas that sound good to you.

The most important thing is to do exactly what it says. Follow the plan exactly: Create a list, include what you really desire in order of its importance to you, read the list three times a day, think of the items on the list as often as you can, and don't tell anyone what you are doing.

For faster demonstration of results, you can rewrite the list each day, even if it hasn't changed. Reorder the items on the list according to their importance to you. Doing this makes the ideas new again, and will lead to more rapid success. It's also important to do something physical with your ideas, as soon as possible. Writing them out is a way to give them entry into the outer world of manifestation. It creates a toehold for their growth into physical reality.

If you have a tape recorder, you can read the list out loud in a firm voice and tape it. Then play the tape over and over again (perhaps in your car as you commute to and from work). This needs to be done and played in private. That's easy nowadays since you can get an inexpensive tape player with headphones.

I found a little **digital recorder** that records into it's own computer memory, and then plays it back over and over again through headphones. You can also do this with the 'Sound Recorder' program that is built into most personal computers.

Put real amounts, specific items, and specific dates in your list. Some people worry that this is 'outlining' and delays manifestation. But what good is it to get Coke when you want Pepsi, or Pepsi when you want Coke? You don't plant strawberries and expect to harvest watermelons. The most important thing is not a particular item on your list, but developing your power of conscious creation.

Do you have trouble remembering the items on your list? If so, it may be that they are not really that important to you. **Try memorizing the items on your list.**

Are you having trouble finding ten things to put on your list? Are you unsure which things should really be on the list? **Here's an easy way to build your list:** ask yourself- 'What do I think about all day?' That is what should be on your list. You may have to start by listing your worries, and then turn each of them into a positive desire. For example, what do I worry about? What would need to happen for me to not worry about this any more?

If you have trouble finding things that you want, try thinking of it in another way. **What would you like to see happen?**

How will you know it is working?

When you receive an idea about something that is on your list, act on it in a positive way. Sometimes the thing you want requires a few intermediate steps. Be ready to go through several doorways as they open before you, to reach your goal. If you want a car, perhaps you will find yourself creating a new set of tires first, or a garage to keep the car in.

Realize that many of the things you want will find you. You will be tempted to say, 'but I didn't do anything, **it just happened.**' Your inner mind

genie will use the simplest and most efficient way to create the results you imagine. It doesn't care who gets the credit. After a while you won't either!

Remember that your genie is working nonstop, according to the program that you set for him. If you say, **'this can't be working'**, he will do his best to make that seem true – even while he continues his nonstop creation of the other things you ask for.

How will you know it is working? For most people it is not one thing, or two things, but the fact that one thing after another manifests in their lives. The first thing you get from your list seems to be a coincidence, the second is luck, the third is serendipity, and the fourth is a miracle. Finally after many creations, when your friends start wondering what the heck is going on, you will realize that **there is a simple and rational law in operation, and that you know how to use it.**

Get excited and enthusiastic about the good things coming into your life. If this doesn't seem natural to you, go ahead and use your 'power of pretend' to fake it until you make it. **Appreciation is the oil of the engine of creation.** Enthusiasm and excitement are manifestations of your

appreciation, and confirmation of your positive expectation.

The attitudes that will delay your success or confuse your creation are jealousy, envy, resentment, reservations, uncertainty, and indecisiveness. Put all of those to the side. The more you recognize your own creative ability, the less you will care about those things that these attitudes have been attached to. You just won't have time for those ways of thinking any more.

There is no such thing as a negative thought - every thought has a positive result in reproducing itself. Every thing you think about grows in your mind and becomes part of your physical life. That's why it is so important to control what you are thinking. The key to controlling your mind is replacing the thoughts that create what you don't want, with the thoughts that create what you do want. You do not resist the old thoughts, you replace them by putting your attention somewhere else. Using your list is your key to accomplishing this. Use this physical tool to reinforce the thoughts that you want.

Think of your subconscious mind as being like a sailboat in the middle of the ocean. The sailboat is

blown everywhere, back and forth, by the wind, which is the power of thought. It needs a keel and a rudder to be able to set a course and make way to a certain destination. **Your list is the keel and the rudder of your subconscious sailboat.**

Thought follows a certain structure in your mind. **The idea comes first, then the belief, then the attitude, and then the behavior.** Your strongest foundation, the anchor of your thinking, begins with your behavior. Change your behavior, then change the attitude that changing the behavior reveals, then change the belief that inspires the attitude. Grab hold of an idea that is bigger and more inclusive than the small ideas that have kept you poor and unhappy.

When you are tempted to tell everyone what you are doing to make the changes in your life, send them a copy of this book instead. After you have received 40 things you have asked for, you can start talking about the process you are using. Keep a list of everything you get until you receive 40 things you have asked for.

Many people find this book, and use it to get one important thing, and then abandon this method. How did this book come into your life? **Your**

genie brought it to you, or brought you to it, in response to your conscious or unconscious desire to create a specific experience, or to understand creation itself. Take advantage of this experience, and **make this intelligent, conscious creation a way of life**, not a one-time experience.

“Hey Peter, get back in the boat!” - the other
11 apostles

Trying to control other people and make decisions for them is a misuse of them, and of your own creative power. The most important thing you can make is a decision. Trying to take that opportunity for creation away from others is based on fear, not love. Fear in your mind will generally create things you do not want. Lewt people learn their lessons. God loves them, too.

I learned something wonderful long ago, that will give you freedom. **I can't prove anything to you about anything important or meaningful.** However, I can tell you how you can experiment and prove these things to yourself. If I walked on water, you would be looking for the rocks. **If you walk on water, you will know that there are no rocks.** Using this list will show you how to walk on the water of your life. You will have to learn to

politely ignore your friends as they yell: “**Hey Peter, get back in the boat!**”

The Toyota Principle

The subconscious mind creation process goes on all the time. **You don't have to be good to make it work.** You don't have to chant, exercise, or repeat magic words. You are rich now with the results of what you have been thinking about. Your life is always full of something. If you want to be rich with something else, change what you are thinking about.

As you develop your ability to consciously direct your creation process, **as you build your confidence and increase your will power,** your results will come more quickly and be more satisfying. Don't delay this process by calling the results coincidence. Wait until you have received at least 40 items on your list (by receiving something and replacing the list item with a new item) before you judge the results as coincidence or creation.

You are already a success at creating what you are thinking about - everyone is. The biggest enemy of conscious control is self-importance -

which may manifest in disguise as self-deprecation, worry about what others think of you, or the desire to have others approve of you. **Don't let your ego distract you from taking control of your mind and your life.**

Everything in your life is there because you have asked for it through either desire or fear. Nothing comes to you by itself. I call this the "**Toyota Principle**" because there used to be a commercial advertisement on television for a certain car company with the catchphrase "**You asked for it - you got it - Toyota!**" When you have used your list for a while, you will begin to see this is true, and then vast realms of possibility will open in your life

It's a friendly universe.

If you are of a certain religious orientation, you might be concerned about this creative process and think it is a possible affront to God. I don't think it is. Think of the New Testament phrase, "**Pray without ceasing.**" I have decided that this is a description of what we all do all the time. We pray nonstop without knowing it. Practice of the method of conscious creation will show you what prayer

is, how it works, and that it is always functioning. **I am firmly convinced that learning how my mind works, and how to use it more effectively to help myself and others, is what God wants me to do.** How about you?

You don't have to believe in God to use the list. However, don't be surprised if using the list shows you that there is **order and structure to the universe**, including your mind as a part of that universe. Your world is a lot closer to you and more responsive to you, than you may have considered it to be. **It's a friendly universe.**

Be careful about including other people on your list. If you want joy and happiness with Jane or Bill, is the joy and happiness more important, or the relationship with Jane or Bill? Maybe the best way to be happy with Jane is let her go find Bill, and let Suzy come find you. As long as you are focused on what someone can give to you, you aren't yet completely experiencing love.

It may be tempting to think your success is dependent on the channel it happens to come through - your job, your family, a particular relationship or thing you possess. Time and experience will show you that this is not so. In the

meantime, place your sense of appreciation and thankfulness on the Creator within you, who has made you in his image as a creator. **When the river of your life changes its channel, you had better be ready to go with the flow.**

How fast will it work? Faster than you will expect. I put the number one item on my list last week and it manifested in two days – and I thought it would be six months or maybe never. Fortunately, while writing and then rereading that list item, **I suspended my disbelief.** Even before your pen finishes the sentence, the act of creation has begun. Of course there is no magic in the pen or paper – the magic is in making the decision a physical thing instead of just a mental idea. No matter how long you use this method, there will be times when you are just utterly amazed at what ‘happens’ to you. (It isn’t happening, you are creating it.) How fast can it happen? **Don’t blink twice – you’ll miss it.**

Everything you think will try to prove itself – including your skepticism. If you are afraid of what others will think of you, or of what you will think of yourself, then you may be fooling yourself while thinking you are being completely rational.

The world is plastic to the molding power of your thoughts – even while you think this is untrue, or don't have a thought about it at all. Everything lives and moves and has its being in a sea of self-modifying thought. You can prove this to yourself, and put it to effective use, with the simple experiment of work with the list for a few weeks or months.

It doesn't take much time or effort. **You have nothing to lose.** No one will even know you are doing it. They will just think that you have suddenly become incredibly lucky, intelligent, charming, and good looking. **It helps to smile a lot.**

Creating complete mind pictures is very helpful. That is another book in itself. Feeling joy and enthusiasm about your mental creation is very helpful. It will start to happen naturally as you use this process over and over, because –

It Works!

Create Your Life How to Get What You Want

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